

Dear Parent/ Guardian and Students,

We trust this finds you all well and that you are enjoying the last days of the summer break.

Management and staff eagerly await the return of our students and look forward to welcoming our new first year group.

We appreciate that this school year will begin in a very different fashion to other years. We are all very keen to make our return to school as seamless as possible. Every one of us has a vital role to play in maintaining our school community as a safe space in the context of the COVID-19 pandemic.

Our school will be implementing recommendations provided by the Health Service Executive (HSE) and the Health Protection Surveillance Centre (hpsc).

Over the next two weeks we will be communicating with you and requesting that all students prepare for their safe return to school.

Our first suggestion is that all students familiarise themselves again with how to wash hands with soap and water. Please see attached pdf/link

<https://www2.hse.ie/wellbeing/how-to-wash-your-hands.html>

You may also wish to watch this video: <https://youtu.be/lsgLivAD2FE>

Cleaning your hands can help you avoid:

- [coronavirus](#)
- colds and flu
- tummy bugs that cause diarrhoea, such as [norovirus](#)
- eye infections such as conjunctivitis
- superbugs such as MRSA and VRE

<https://www2.hse.ie/wellbeing/how-to-wash-your-hands.html>

We thank you in advance for working with us as we plan a safe return to our school.

Please do contact the school office if you have any particular worries or concerns

Many thanks,

Protect yourself and others
from getting sick

Wash your hands

- after coughing or sneezing
- when caring for the sick
- before and after you prepare food
- before eating
- after toilet use
- when hands are visibly dirty
- after touching cuts, blisters or any open sores
- you can use alcohol hand rub, if hands are not visibly dirty



www.hse.ie/handhygiene



www.SafetySigns.ie Product Code: 62038

